

S Ch V P M R GOVERNMENT DEGREE COLLEGE. GANAPAVARAM

NATIONAL SERVICE SCHEME UNIT-I (NSS)

I. AWARENESS PROGRAM ON WEARING HELMET ON 26-07-2024

1. Date of activity: 26.07.2024
2. Activity details awareness program on wearing helmet
3. No. of Volunteers participated: 98
- 4 No. of other participants: 25
5. Guest participated in the activity: **The Principal Dr.P.Nirmala Kumari**
6. Photographs, Press clippings/News paper publications



7. Brief note on Activity:

GDC GANAPAVARAM NSS UNIT-1 has conducted an awareness program on wearing helmets to the two wheel riders. Dr.P.Nirmala Kumari is the chief guest and aware the students about the wearing helmets.

She says that the Helmets can reduce the risk of serious head or brain injury. They can also reduce the risk of serious injury to the face and neck. In India, it is mandatory for all bike

and scooter riders and pillion riders to wear a helmet. However, this may vary from state to state. Wearing a helmet reduces your risk of a serious brain injury and death because during a fall or collision, most of the impact energy is absorbed by the helmet, rather than your head and brain.

Benefits of the wearing a helmet:

1. Helmet is effective in reducing head injuries -- Wearing a helmet helps to reduce the impact of an accident on your head. While riding your two-wheeler, it is very likely that if you are involved in an accident, then the resulting head injuries can be fatal, if you are not wearing a helmet. If you face a collision without wearing a helmet, it might cause external as well as internal brain injuries, which can cost your life. Thus, you should wear helmets to protect your life.

2. Helmet protects your eyes – A full-faced helmet covers your entire face, providing you the complete protection in case you go through an accident. This type of helmet protects your eyes from dust and high beam lights when driving your two-wheeler. Also, the design of this helmet allows you to have a maximum sight range while driving.

3. Helmet ensures better control of the vehicle – It is observed that wearing a helmet improves your attention while riding your bike. You tend to be more cautious and control your speed when wearing a helmet while driving your two-wheeler. This lowers the chances of an accident to a great extent.

2.PUBLIC AWARENESS PROGRAM ON WEARING HELMET ON 30-07-2024

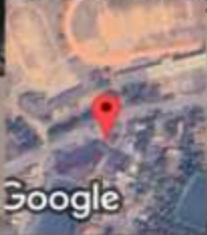
Today we have conducted an awareness program to the public

1. Date of activity: 30.07.2024
2. Activity details **awareness program on wearing helmet**
3. No. of Volunteers participated: 89
- 4 No. of other participants: 23
5. Guest participated in the activity: **The Principal Dr.P.Nirmala Kumari**
6. Photographs, Press clippings/News paper publications





Ganapavaram, Andhra Pradesh, India
PF38+H8J, MDR41, Ganapavaram, Andhra Pradesh 534198, India
Lat 16.704065°
Long 81.465745°
30/07/24 04:23 PM GMT +05:30

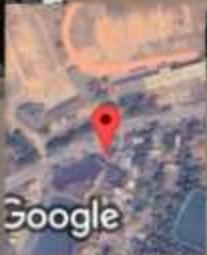


Google

GPS Map Camera



Ganapavaram, Andhra Pradesh, India
PF38+H8J, MDR41, Ganapavaram, Andhra Pradesh 534198, India
Lat 16.704069°
Long 81.465759°
30/07/24 04:22 PM GMT +05:30



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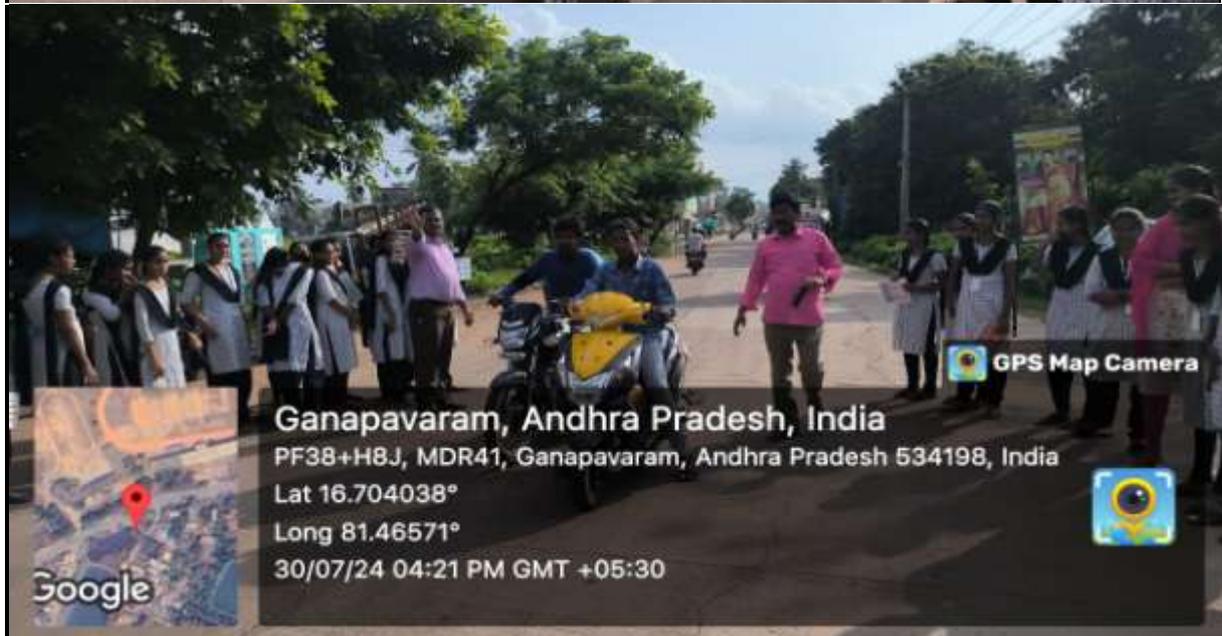
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Google

GPS Map Camera





7. Brief note on Activity:

GDC GANAPAVARAM NSS UNIT-1 has conducted an awareness program on wearing helmets to the two wheel riders. Dr.P.Nirmala Kumari is the chief guest and aware the students about the wearing helmets.

Benefits of the wearing a helmet:

Helmet protects you from cold breeze – Wearing a helmet not only covers your head but also covers your ears. This layer of safety blocks the cool breeze to enter your ears and thus helps you to stay healthy & prevent you from getting sick in the cold weather. Also, wearing a helmet in summers helps you to stay cool as it lowers the temperature due to the solid inline cushioning.

Wearing helmet saves you from fines – With the mandate of wearing a helmet in place, traffic police are on high alert to fine people riding their bikes without wearing a helmet. You should thus wear a helmet while driving and prevent from paying hefty fines & spoiling your driving record.

3. RALLY PROGRAM ON WEARING HELMET ON 30-07-2024

1. Date of activity:30.07.2024
2. Activity details **Rally on wearing helmet**
3. No. of Volunteers participated: 94
- 4 No. of other participants:20
5. Guest participated in the activity: **The Principal Dr.P.Nirmala Kumari**
6. Photographs, Press clippings/News paper publications





7. Brief note on Activity:

GDC GANAPAVARAM NSS UNIT-1 has conducted a rally program on wearing helmets to the two wheel riders. Dr.P.Nirmala Kumari started the Rally from our college. The NSS Volunteers of the UNIT-I are participated in this program and aware the people and students about the wearing helmets.