



WOMEN EMPOWERMENT CELL
SCHVPMR GOVT. DEGREE COLLEGE
GANAPAVARAM



Report on BIRTH ANNIVERSARY OF SAVITRI BAI PHULE -03-01-2026 and International MIND-BODY Wellness Day

Birth Anniversary of Savitribai Phule & International Mind–Body Wellness Day

The **Women Empowerment Cell (WEC)** of **S C H V P M R Government Degree College, Ganapavaram** organized a programme on the occasion of the **Birth Anniversary of Savitribai Phule and International Mind–Body Wellness Day**. The programme was **coordinated by the WEC Coordinator, Dr. Ch. Anuradha garu**, along with **WEC Member, Smt. P. Bala Manikanta**.

The programme was inaugurated with the presence of the Principal, **Dr. P. Nirmala Kumari garu**, who addressed the students and highlighted the importance of women's education, empowerment, and holistic well-being. She inspired students by explaining the relevance of Savitribai Phule's contributions to society and women's upliftment.

The **Vice-Principal, Dr. K. Swarupa Rani garu**, addressed the gathering and spoke about the significance of maintaining balance between mind and body for personal growth, academic success, and mental health. Her address motivated students to adopt healthy habits in their daily lives.

The **IQAC Coordinator, Sri K. V. Ganesh Kumar garu**, also addressed the students and emphasized the importance of mind–body wellness, stress management, and positive thinking in today's fast-paced life.

Some of the faculty members also addressed the students, sharing valuable thoughts on women empowerment, self-discipline, and wellness practices.

As part of the programme, **Praanuthi Priyadarshini, a student of I B.Com**, delivered an impressive speech on Savitribai Phule, highlighting her role as India's first woman teacher and her contribution to social reform and women's education.

Both staff and students actively participated in the programme. A total of 50 students participated enthusiastically, making the programme informative and meaningful.

The programme concluded with a note of gratitude, and the event successfully created awareness about women empowerment and the importance of mind–body wellness among students.





